

# TEEN PHILANTHROPY PARTY

A Party With a Purpose



## BECOME AN OVERCOMER!



Teens today carry a lot around with them. More so than they let people see.

Take part in an interactive, energetic presentation to identify what we carry around in our backpacks (mentally and emotionally) and how to remove some of the weight so we can replace it with what brings us joy!

The interactions at this event will serve us in leadership roles, relationships, and friendships so that we can grow into happy, healthy humans!

### HIGH SCHOOL TEENS WELCOME!

#### Price of Admission:

Bring food items to donate, which will go to the Alive Center. For list of items accepted, scan the QR code below

JUNE 6, 2023  
1:30 PM - 3:00 PM

Registration  
Required:

COLLEGE OF DUPAGE  
INSTITUTIONAL RESOURCE  
CENTER (ROOM 1020)  
425 FAWELL BLVD.  
GLEN ELLYN, IL



For details:  
[@LeaveYourMarkDuPage](https://www.DuPagePLT.org/Reality)  
[www.DuPagePLT.org/Reality](https://www.DuPagePLT.org/Reality)

Reality



#### Guest Speaker:



Brittany Richmond is an energetic, charismatic communicator and a mental health expert of 10+ years.

Right after high school, Brittany was diagnosed with multiple anxiety disorders which led her into the field of counseling and psychology. Brittany uses her own battle with mental health to inspire students, but most importantly, let them know that they are not alone; and that there is help and hope.

# SUMMER Reality

## About Reality

Reality Illinois /The Teen Board to the DuPage County Health Dept is looking for high school students in DuPage County to volunteer, make a difference, gain leadership skills, and make new friends.

Join our summer meetings on Tuesdays from 1:30-2:30pm!

## Questions? Contact:

- Gilda Ross, Glenbard Student & Community Projects Coordinator at [gilda\\_ross@glenbard.org](mailto:gilda_ross@glenbard.org)
- (630) 942-7668
- [dupagePLT.org/Reality](http://dupagePLT.org/Reality)

## Summer Events:

### **Yoga in the Park**

**June 13th**

**Lake Ellyn Park, Glen Ellyn**

### **MusArt (Music and Art) Creative Expression**

**June 20th**

**Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn**

### **Healthy Cooking & Mocktail Workshop**

**June 27th**

**Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn**

### **Blanket Making & Comfort Dogs**

**July 11th**

**Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn**

### **Authentic Listening**

**July 18th**

**Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn**

### **Red Ribbon Garden Planting**

**July 25th**

**Glenbard West High School**

### **Back to School Tips for Success**

**August 1st**

**Glen Ellyn Public Library at 400 Duane St.**