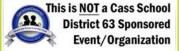
A Party With a Purpose



BECOME AN OVERCOMER!





Teens today carry a lot around with them. More so than they let people see.

Take part in an interactive, energetic presentation to identify what we carry around in our backpacks (mentally and emotionally) and how to remove some of the weight so we can replace it with what brings us joy!

The interactions at this event will serve us in leadership roles, relationships, and friendships so that we can grow into happy, healthy humans!

HIGH SCHOOL TEENS WELCOME!

Price of Admission:

Bring food items to donate, which will go to the Alive Center. For list of items accepted, scan the QR code below

JUNE 6, 2023 1:30 PM - 3:00 PM

COLLEGE OF DUPAGE INSTITUTIONAL RESOURCE CENTER (ROOM 1020) 425 FAWELL BLVD. GLEN ELLYN, IL

Registration Required:



Brittany Richmond is an energetic, charismatic communicator and a mental health expert of 10+ years.

Guest Speaker:

Right after high school, Brittany was diagnosed with multiple anxiety disorders which led her into the field of counseling and psychology. Brittany uses her own battle with mental health to inspire students, but most importantly, let them know that they are not alone; and that there is help and hope.



For details:

@LeaveYourMarkDuPage www.DuPagePLT.org/Reality





SUMMER Reality

About Reality

Reality Illinois /The Teen
Board to the DuPage
County Health Dept is
looking for high school
students in DuPage County
to volunteer, make a
difference, gain leadership
skills, and make new
friends.

Join our summer meetings on Tuesdays from 1:30-2:30pm!

Questions? Contact:

- Gilda Ross, Glenbard Student & Community Projects Coordinator at gilda_rosseglenbard.org
- (630) 942-7668
- dupagePLT.org/Reality

Summer Events:

Yoga in the Park

June 13th Lake Ellyn Park, Glen Ellyn

MusArt (Music and Art) Creative Expression

June 20th

Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn

Healthy Cooking & Mocktail Workshop

June 27th

Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn

Blanket Making & Comfort Dogs

July 11th

Glenbard District 87 Office at 596 Crescent Blvd, Glen Ellyn

Authentic Listening

July 18th
Glenbard District 87 Office at 596 Crescent
Blvd, Glen Ellyn

Red Ribbon Garden Planting

July 25th Glenbard West High School

Back to School Tips for Success

August 1st

Glen Ellyn Public Library at 400 Duane St.